



## Community Learning Services LiveArgyll Update

### Youth Services – Campbeltown and Kintyre

After the Festive break Community Learning Youth Service activities have resumed

- Kintyre Youth Action Groups (Campbeltown and Tarbert) – youth voice groups who represent local youth views and run projects to the benefit of their local areas – these groups will update the at the meeting themselves during partner updates.
- Campbeltown Grammar Learning Support Employability Group – have just completed a programme supporting pupils in the Learning Support department with individualised employability related support to increase their confidence for taking their next steps.
- Music and Writing Groups – currently running groups focussing on creative arts to encourage creative self-expression and learning new skills. These groups which are led by members of the local Action Groups will share their creations and go on trips at the end of their projects.
- Friday Night Youth Multi-Sports – a new Friday night multi-sports diversionary started at the end of January. Project aims to engage young people in positive and structured health and wellbeing activities at a time when young people are more vulnerable to boredom and negative behaviours and activities. Over 30 young people taking part and they will earn a reward at the end of the project.
- Looking at creating an LGBTQ+ inclusion group and safe space for young people in the local area. This will again be led by members of the local Action Groups.

**New Appointment of LiveArgyll Community Learning Services Youth Team Leader:** Wendy Reid has been appointed as the Youth Services Team Leader and will start in her new role in February 2023. Wendy will start to introduce herself to Partners, Organisations when she starts and we would like to welcome her on-board.

**MSYPs** are running consultations events across Argyll with young people around their right to vote and how to vote. During this event they will also be supporting the Community Planning Partnership in promoting and encouraging more Young People to complete the recent Improving Lives in Argyll Survey if they haven't already done so.



### **Adult Learning Campbeltown and Kintyre and Mid Argyll**

After the Festive break Community Learning Adult Learning activities have resumed in both Kintyre and Mid Argyll and in addition to what is already available there are some new initiatives in the pipeline info as follows.

#### **In Kintyre:**

- Along with partners in the Kintyre Health and Wellbeing Network we are creating a new social space (The Kintyre Conversation Café) with our focus being improving mental and physical health within the community in a safe and relaxed environment where people can make new friends and try something new. We are looking at providing a wide range of wellbeing activities, practical support, signposting and advice and training. A free lunch of soup and sandwiches and refreshments will be provided.

#### **In Mid – Argyll**

- Saturday 28<sup>th</sup> January- The Living Well Partnership Community Day – The core organisers for this have been MAYDS, Community Learning and Community Development, alongside other Partners in the community. We have organised a HWB day at Macpool and invited HWB representatives from the community to promote their services and offer free taster sessions...this includes anything from smoking cessation to belly dancing to holistic therapies to legs bums and tums (Live Argyll Sports) to Community Learning. There will also be a healthy eating café and taster sessions at the pool. Family friendly day!
- Women of Wellbeing- Hoping to run an initial six week block for women who want to improve both their physical and mental wellbeing. This was decided via a consultation conducted at one of our engagement days. The idea being that the participants will take part in an activity aimed at improving physical health and relax after taking part in a mindful activity aimed at improving mental wellbeing.
- Currently- have a meeting next week to talk about starting a project with the local ASN resource centre. Some of the service users enjoyed taking part in Christmas activities with Community Learning and after discussion with the group it was confirmed that they would like to begin their own new group/activity in 2023.